

2022 FSA Open Enrollment

Monday, November 29 – Monday, December 13

What is a Flexible Spending Account (FSA)?

A Flexible Spending Account is a voluntary reimbursement plan that allows you to pay for certain healthcare expenses with pre-tax income. Visit www.BickfordBenefits.com for detailed information, including the FSA plan document.

In order to enroll in the FSA, you must be considered a full-time BFM.

Important Notes to Consider

The IRS has a "use it or lose it" rule for FSAs. Eligible 2022 healthcare and dependent care expenses must be incurred no later than March 15, 2023. Claims must be submitted by March 31, 2023.

For More Information...

To view more details about available benefits, visit www.BickfordBenefits.com.



HEALTH CARE FSA

You may contribute up to \$2,850 to pay for eligible out-of-pocket healthcare expenses incurred by you or dependents you claim on your taxes. BFMs' expenses can be reimbursed even if they are not covered by Bickford Senior Living's healthcare plan.

DEPENDENT CARE FSA

The Dependent Care FSA allows you to use pre-tax dollars toward qualified day care expenses. BFMs may contribute up to \$5,000 to the Dependent Care FSA to pay for eligible expenses that permit you (and your spouse, if married) to attend work or school.

HOW DO I ENROLL?

If you participated in the FSA in 2021, **your elections do not carry over.**

Self-enroll through our enrollment portal on www.BickfordBenefits.com, OR

Call a Benefits Counselor at 866-672-3992.

Scan this QR code to launch the enrollment site!

Note: site will not be active until 11/29

